



Sampige

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RI DIST. 3192

PRESIDENT'S MESSAGE



Dear Northwesters,

As I complete my term as President, I wish to sincerely thank each one of you for the trust, support, and encouragement you extended throughout the year. Nothing we accomplished would have been possible without the collective efforts. Especially would like to thank our Board of Directors to have enabled the entire process, providing guidance, course correction and trusting me to execute the projects.

Our flagship project, CPR (Cardiopulmonary Resuscitation) training initiative is a very important life-saving educational program designed to train individuals or groups in effectively responding to cardiac arrest and respiratory emergencies. With CPR training initiative, it has benefitted 2230 individuals. Community connect is very crucial and 'Parishaegae Banni, Kaicheela Thanni' at Malleshwaram Kadalekayi Parishae provided us the opportunity; and happy to share that it has won the of Outstanding Joint Project (Rotary-Rotaract Project) along with Rotaract Club of Bangalore Northwest, Rotaract Club of MES College.

I also express my sincere thanks to our District Governor, Rtn. Elizabeth Cherian and the entire District team for their guidance, encouragement, and continued support. Your leadership, direction, and timely inputs inspired us and helped our club align strongly with district goals and Rotary ideals. I would like to thank Zone Ambassador, Rtn. Madhusudhan Bidi, Zone Secretary, Rtn. Naagheash for their guidance. Assistant Governor, Rtn. Anand, thank you for your valuable insights and guidance.

I would especially like to acknowledge our Rotaractors. Their energy, innovation, and commitment to service have enriched our projects and strengthened our intergenerational bond. They represent the future of Rotary, and we are proud to walk alongside them.

I also extend my heartfelt appreciation to our partners, volunteers, and supporters. Their collaboration amplified our reach and made our service meaningful and sustainable.

To my family, Anil, Asutosh, Arinjay, my sister Revathi & brother in law, Bhargav, I thank them for their patience, encouragement, and silent sacrifices. Their support made this journey possible.

Through our projects and initiatives, we lived the values of Rotary International serving our communities while strengthening the bonds among ourselves.

As I pass the baton to the incoming President and team, I wish Rtn. Jayanthi Rao and team the very best and may you achieve great success.

Thank you for allowing me the privilege of serving as your President. I am truly grateful for the friendships,

memories, and experiences this year has given me.

Let us continue to serve with compassion, enjoy our fellowship, and cherish the spirit of togetherness that defines Rotary.

‘Together in Service, stronger in Purpose’

Thank you,

Yours in Rotary Service,

Rtn. Lakshmi Achuta

President 2025-26

SECRETARY’S MESSAGE



Dear Sampige Readers,

The month of June 2026 was a vibrant period for our club, marked by service, fellowship, learning, and international collaboration.

We began the month on 3rd June with the signing of an MOU with our sister club, Rotary Club of Kolonnawa, strengthening international ties and paving the way for future joint projects. The very next day, 4th June, we extended our support to the community by donating sewing machines to Sparsha Trust, enabling skill development and livelihood opportunities.

5th June, observed as World Environment Day, saw us partner with other Rotary Clubs for a tree plantation drive at Malur Taluk, reaffirming our commitment to sustainability. On 6th June, we joined hands with ISCR, ORDI, and RBNW to commemorate International Clinical Trials Day at the Rotary House of Humanity, Ulsoor, highlighting the importance of ethical clinical research.

Our focus on professional development continued with two insightful talks by Rtn. Lakshmi Achuta. On 9th June, she spoke on “Quality & Compliance: Risk-based Approach – A Quality Perspective” at Novo Nordisk, followed by another session on 17th June at LabCorp on “End-to-end Study Execution Lifecycle: Operations, Labs, Quality & Compliance.”

14th June was dedicated to club governance, beginning with a Joint BOD Meeting at 10:00 AM, followed by Club Assembly IV and DGND voting at 11:30 AM, and concluding with a fellowship lunch at 1:30 PM.

On 16th June, in observance of World Blood Donor’s Day, we partnered with Rotary Bangalore Asare to promote voluntary blood donation. 18th June brought an opportunity for global engagement as we hosted Mr. John K, Executive Director of the State of Bavaria India Office, who spoke on business opportunities and collaborations with the State of Bavaria, Germany.

Our members also participated in the District Learning Assembly on 21st June, gaining valuable insights for the Rotary year ahead.

In the area of community health, 25th June saw a cervical cancer screening camp for pourakarmiks and garment workers, organized jointly with RC RT Nagar, RC Brigades, and RC E-sakhi.

On 27th June, we began the day with a “Walk with Doctor” program in collaboration with Manipal Hospitals at Sankey Tank, and later enjoyed a Thanksgiving Luncheon hosted by President Rtn. Lakshmi at the Bangalore Club.

We concluded the month on 28th June by supporting National Immunisation Day. RBNW provided breakfast and lunch for staff and volunteers at PHC Subedarpalya and PHC Yeshwantpur, ensuring smooth conduct of the immunization drive.

Overall, June reflected the diversity of Rotary from vocational service and environment to health, education, and international fellowship and demonstrated our club’s active engagement across all avenues of service.

Regards,

Rtn. Sachin Kamble

Secretary 2025-26

EDITOR'S MESSAGE



Dear Sampige Readers,

"One day, polio will be just a memory. Until then, we vaccinate." – Global Polio Eradication Initiative

This month, as India marks another year free of wild poliovirus, it is worth pausing to remember the campaign that made it possible: Rotary's Pulse Polio program.

When Rotary International joined hands with WHO, UNICEF, and the Government of India in 1995, polio was paralyzing nearly 1,000 children in our country every year. It was a disease of fear - one that could steal a child's ability to walk in a single day. The challenge was massive: reach every child under 5,

even in the most remote villages, urban slums, and transit points, with two drops of oral polio vaccine.

That's where Rotary stepped in with "Service Above Self." Rotarians didn't just fund the effort. We mobilized. Across India, and especially in Karnataka, Rotary clubs became the backbone of awareness and logistics. Members stood at bus stands, railway stations, and border crossings. We went door-to-door with ASHA workers and health teams. We used every tool - rallies, school programs, media drives, and the simple but powerful message: "Do Boond Zindagi Ki." Two drops for life.

The Pulse Polio Immunization days became a national movement. Rotary's global fundraising, advocacy at the highest levels, and on-the-ground volunteerism ensured vaccines reached over 170 million children per round. In District 3192 alone, thousands of Rotaractors and Interactors joined health workers to ensure no child was missed.

The impact is undeniable. India reported its last wild polio case in 2011 and was certified polio-free by WHO in 2014. It is one of public health's greatest victories. Millions of children who would have faced lifelong disability now run, play, and dream without that fear.

But Pulse Polio also gave Rotary something deeper: proof that when governments, NGOs, and communities unite under one purpose, eradication is possible. The model we built micro-planning, surveillance, social mobilization is now used for measles, COVID-19, and other health drives.

Our work isn't over. As long as polio exists anywhere, it threatens children everywhere. Rotary remains committed to the "end game" surveillance, routine immunization, and keeping the world polio-free.

This editorial is a salute to every Rotarian, health worker, and volunteer who gave those two drops. You didn't just vaccinate a child. You protected a generation.

And that is Rotary at its best.

With warm regards,

Rtn Indira Ramachandra

Editor 2025-26

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Rtn Indira Ramachandra, Editor 2025-26

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Rtn. Sindhu Shankar

Rtn. D.R. Rajesh Kumar

Ann Ranjitha Rajesh

ROTARY NEWS



1. 37,000 Rotarians from 140 countries gathered at the Taipei Convention on June 14 to focus on peace, public health and environmental sustainability.

2. In Bengaluru, RID 3192 launched a pioneering environmental movement to restore and protect our planet which is spearheaded by District Governor 2026-27 Rtn Ravishankar Dakoju.

3. Clubs globally finalised their applications for Rotary Service Project Shark Tank contest with submissions closing in early July.

4. Rotary Club of Bangalore hosted its 9 th edition offline classical dance festival celebrating regional culture and providing grants to participants.

5. RC Chennai South distributed diabetic foot care equipment worth Rs 30 lakhs donated by Ford Motors, to needy people to prevent diabetic amputations and complications.

6. Rotary Bangalore South donated 26 sewing machines (each costing Rs 5500) to Udayabanu Kalasangha to support local women's economic independence.

Rtn. Sindhu Shanker

INSTALLATION CEREMONY



Heartiest congratulations to Rtn. Ravishankar Dakoju for taking over as District Governor, RI District 3192. It was an honour to have Maneka Sanjay Gandhi Environmentalist and former Union Minister of Women and Child Development of India as the Chief Guest for this occasion. Best wishes to DG Ravishankar Dakoju, First Lady Paola, and Team Dhanyavaad for Rotary Year 2026–27. May this be a year of inspiring leadership, impactful service, stronger clubs, and enduring friendships as you create a lasting impact in your communities.

INTERNATIONAL SERVICE



Successfully completed the session on 'End-to-end study execution lifecycle: Operations, Labs, Quality & Compliance' - Talk by President Rtn. Lakshmi Achuta at LabCorp in collaboration with Indian Society for Clinical Research to commemorate International Clinical Trials Day. 355 employees across the globe joined the hybrid session.



We successfully completed a joint project with insightful session by Mr. John Kottayil, Executive Director, Invest in Bavaria, India Office.



Online Signing of Sister Club Memorandum Of Understanding (MOU) between Rotary Club of Bangalore Northwest, India (District 3192) and Rotary Club of Kolonnawa (District 3220) Sri Lanka

COMMUNITY SERVICE



Cervical Cancer screening was conducted for Pourakarmiks and garment workers- A joint project of RBNW with RB RT Nagar, RB Brigades, RB E-sakhi



On World Environment day, we successfully completed tree plantation at Lingapura, Malur Taluk, Kolar District



Adult diapers, movable toilet chairs and related accessories were donated to Sandhya Kirana senior care centre.



Cheque for INR 90,000 from RBNW for donation of three cows was handed over to District Governor Rtn Elizabeth Cherian for Kamadhenu, a Project under Global Grants.



Rotary's Pulse Polio Program was successfully completed with an average of 93% success across Karnataka. Support was provided to PHC Subedarpalya and PHC Yeshwantpur and PHC Mathikere. Pulse Polio Chair Rtn Kashinath and members from RBNW took an active role along with Rotaractors.



An insightful session by Dr. Prof Ranjan Shetty on cardiac health last evening. Rotary-Sparsh wellness card was released.

CLUB SERVICE



RBNW members participated in the Joint BOD meeting, Club Assembly, exercising secret ballot for election of DGN, and enjoyed a fabulous luncheon hosted by PE Rtn Jayanthi Rao.



President Lakshmi hosted a special Thanksgiving lunch in Bangalore Club for RBNW members, Rotaractors, District Officials, Co-presidents and her family members for the support provided during her Presidentship.

VOCATIONAL SERVICE



RBNW donated sewing machines to enable the beneficiaries at Yuvika on their journey to self reliance.

YOUTH SERVICE



Newly chartered Rotaract YOUTH SERVICE Club of Christ University Bannerghatta received their Charter Certificate from President Rtn Lakshmi Achuta.

TOGETHER WE CONNECT



Club members at the Club Leadership Learning Seminar.



Discussions and planning for projects and Installations with the Rotaract Clubs of MES, NW and MSRCASC.

CONGRATULATIONS



Rotary Bangalore Indiranagar, RID 3192, has set a new benchmark in TRF giving - becoming the first club to cross \$1.20 million (₹10.00 crores) in a single Rotary Year 2025–26.

Rtn Renukeshwarsswamy from Rotary Bangalore Udyog has been elected as District Governor Nominee Designate. Hearty Congratulations.



Best partner rotary -
rotaract relations



Rtr. Jyothi and Rtr. Deeksha bagged
Best Pres-Sec Duo



Rtr. Kritika won
Outstanding
Secretary



Outstanding Charter
President &
Charter Secretary both
bagged by Rtr Sayani &
Rtr Ridhika of Rc MSRCASC



Rc MSRCASC-
Outstanding charter club !!



Outstanding
Joint Project Award -
Parishege banni kai
cheela thanni





Congratulations to President Rtn Lakshmi Achutha on facilitating this essential life saving skill to thousands of people across and around Bangalore.

GRATITUDE



Rtn KT Suresh



Rtn Kashinath



Rtn D R Rajesh Kumar



Padmini Prabhakar



Vani Kumar



Annette Asutosh Urs.

BIRTHDAYS & WEDDING ANNIVERSARIES FOR THE MONTH - JULY 2026

Name	Birthday	Anniversary
Annette Achyuth S/o Rtn. Dr. Girish	14-Jul	-
Annette Vaibhavi Upadhyaya D/o Rtn. Prashanth Upadhyaya	14-Jul	-
Rtn Kashinath	15-Jul	-
Annette Aadithya Rao S/o Rtn Sumathi Rao	21-Jul	-
Annette Bharath S/o Rtn Ramesh Joshi	25-Jul	-

PROGRAMS OF JULY - 2026

Date	Programmes
01 July 2026 (Wednesday)	Doctors' Day Celebration & Van Mahotsav (Joint project with the Rotary Club of Turvekere)
03 July 2026 (Friday)	Installation Ceremony of the Interact Club of VVES and RYLA Session
05 July 2026 (Sunday)	First Club Meeting of RBNW at Hotel Tulip (Time will be announced)
19 July 2026 (Sunday), 6:00 PM	Installation Ceremony of the President and Office Bearers for Rotary Year 2026-27 at Hotel Tulip
23 July 2026 (Thursday)	CPR Training at MES Institute of Management, Rajajinagar
24 July 2026 (Friday), 6:30 PM	Board of Directors Meeting
25 July 2026 (Saturday)	CPR Training at ORDI, Rajajinagar

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creative suite
Delivering Magic with Logic

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