



Sampige

HOUSE BULLETIN OF ROTARY BANGALORE NORTH WEST

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PRESIDENT'S MESSAGE



Dear Northwesters,

Keeping families connected and preserving traditional knowledge is essential for maintaining identity, values, and emotional well-being. Traditional knowledge stories, skills, customs, and wisdom passed down through elders anchors younger generations to their roots, teaches resilience, and offers time-tested ways of living in harmony with society and nature. Together, they strengthen cultural continuity and help individuals face a rapidly changing world with confidence and purpose. We had the privilege of National Award Winner (for Kasuti), Smt. Usha Pawar providing an overview of the traditional art and the challenges involved in keeping

this traditional art alive. International Clinical Trials Day highlights the importance of clinical trials

and the role they play in bringing medicines to the patients. It acknowledges the selfless contribution of clinical trial patients to helping bring new treatment to patients at large.

We wish Annette Shruthi and Ponnanna, Annette Amrithnath and Lakshmi, the newly wedded couples all the very best!

When we stay connected to our families and traditions, we don't just remember where we come from we learn who we are.

Yours in Rotary Service,

Rtn. Lakshmi Achuta

President 2025-26

SECRETARY'S MESSAGE



**Dear Sampige Readers,
Greetings!**

May 2026 was a month where our club calendar looked like a well-traveled passport stamped with service, fellowship, learning, and a fair bit of music. It gives me great joy to walk you through the journey we shared.

We began the month in the misty hills of Madikeri. On 9th and 10th May, Coorg hosted us for two days of celebrations and club meetings. Between the coffee and the camaraderie, we strengthened bonds that power everything else we do.

Back in Bengaluru, service took center stage. On 14th May, we held CPR training at Acharya College, equipping young students with skills that can save lives. The same day, Rtn. Lakshmi Achuta returned to Acharya to open windows into the Biotech industry, guiding students on careers and opportunities in a field shaping our future.

Our Sunday speaker meeting on 17th May was a masterclass in heritage. National Award winner Smt. Usha Pawar took us into the intricate world of Kasuti embroidery, stitching together art, history, and women's empowerment

in every thread.

Governance kept pace with service. On 21st May, Rtn. Shripad hosted our Board of Directors meeting, ensuring our plans stayed sharp and our accounts sharper.

Then we turned up the volume. 23rd May brought 'Golden Legends', our musical night fundraiser. Old melodies, new memories, and generous hearts came together for a cause proof that fellowship and fundraising are best served with music.

26th May was a double-impact Tuesday. At 10:45am we handed over much-needed school benches to The Malleshwaram Shishu Vihar, giving little learners a reason to sit up straighter. By 11:30am we were at MP Birla Institute of Management, running another CPR training session. Two venues, one mission: empower communities.

The month's travel wasn't over. On 28th and 29th May we carried our celebrations and meeting to Palakkad, Kerala, taking the Northwest spirit across state lines.

While we were there, Rtn. Dr. Sunil Kumar S was on air. On 29th May, his talk 'Sun protection is not seasonal but essential' aired on Zee Kannada, taking Rotary's health message into thousands of homes.

On 30th May, Rtn. Lakshmi Achuta was at Sri Jayadeva Institute of Cardiovascular Sciences & Research, Mysuru, speaking on 'Stakeholders responsibility in Clinical research' bringing Rotary's voice to the critical conversation on ethics and innovation in medicine.

We closed May on 31st with ICGF Public Image Vaibhava, celebrating and strengthening how the world sees Rotary's work.

None of this happens by accident. I sincerely thank our President, Board Members, and every single Northwest member for your time, energy, and belief. You showed up in Coorg and Palakkad, in classrooms and auditoriums, on stage and on air.

May showed us again: when fellowship fuels service, impact follows. Let's carry this momentum forward and keep creating change that matters.

Regards,

Rtn. Sachin Kamble

Secretary 2025-26

EDITOR'S MESSAGE



Dear Sampige Readers,

Fellowship The Heartbeat of Rotary

When Paul Harris gathered four friends in Chicago in 1905, he wasn't starting a service organization. He was curing loneliness. That cure fellowship remains Rotary's most powerful asset today.

Service is what Rotary does. Fellowship is why it endures.

In every club, before the projects and the fundraisers, there is the weekly meeting. The shared coffee, the birthday song, the banter across professions. This isn't time wasted. It is trust being built, one handshake at a time. Because polio wasn't defeated by strategy alone. It was defeated by a pediatrician in Delhi who trusted a hotelier in Mumbai to house volunteers, and a pilot in Nairobi who flew vaccines for free. Fellowship shortens the distance between "we should" and "it's done."

Fellowship is also how Rotary retains its strength. Burnout ends most volunteer efforts. Belonging prevents it. Members stay when they are known, missed when absent, and celebrated when present. A club that treks together and grieves together will also complete a three-year water project together. Our retention is not in the bylaws. It is in the relationships.

Most importantly, fellowship is Rotary's quiet diplomacy. It puts a banker, a farmer, a teacher, and an artist at the same table. Different faiths, languages, and politics united by first names and shared purpose. You cannot caricature the person who brought snacks for your child at a Rotary picnic. That is how peace begins: not with treaties, but with familiarity.

In India, where divides run deep, this matters. When a Rotarian industrialist and a Rotarian social worker become friends, the impact moves beyond projects. It changes boardrooms, hiring practices, and mindsets.

As you read this issue of Sampige, you'll see projects, grants, and numbers. Look closer and you'll see fellowship behind each one. Service is the body of Rotary. Fellowship is its heartbeat. And a strong heart keeps the body moving.

Let's keep the heart strong.

With warm regards,

Rtn Indira Ramachandra

Editor 2025-26

EDITORIAL BOARD

Rtn Indira Ramachandra, Editor 2025-26

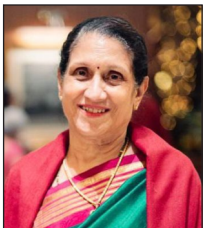
MEMBERS

Rtn. Sindhu Shankar

Rtn. D.R. Rajesh Kumar

Ann Ranjitha Rajesh

ROTARY NEWS



1 The Taipei RI convention in June 2026 will feature Nobel Laureate Malala Yousafzai. The 2027 convention will be held in Barcelona, Spain.

2. Rotary International is scaling up its proven water and sanitation project in Haiti.

3. Rotary International has initiated a collaborative health program in Zambia to combat malaria.

4.RC Erode has been recognised for conducting a large scale e- waste segregation awareness initiative involving 304 children under 10 years.

5. 13 visually and physically challenged couples received newly built homes from RC Sun City Chennai RI D 3234.

6. RC Agartala has launched a mobile dental clinic under its GG project for deserving communities in the North East.

7. RC Simla RID3080 has designed kangaroo type baby carry bags. This provision allows new mothers to keep their babies close to them while working on demanding jobs.

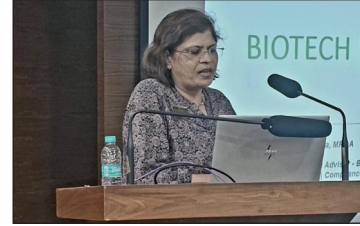
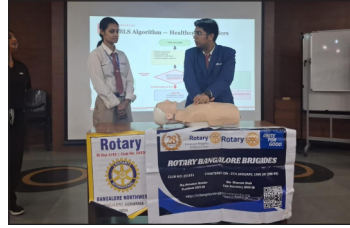
Rtn. Sindhu Shanker

ICGF - VAIBHAV



ICGF Members attended ICGF Public Image Vaibhava and proudly received Certificate of Appreciation for Rotary Bangalore Northwest.

YOUTH SERVICE



Life saving CPR training conducted for students and faculty of Acharya Bangalore B School followed by a presentation on Bio Tech Insights by President Rtn Lakshmi Achutha.



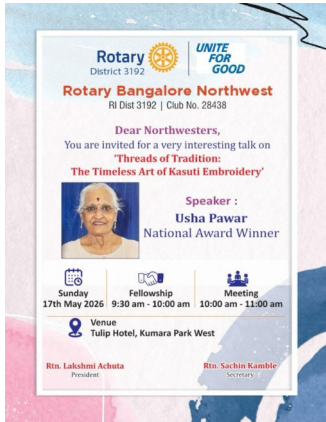
Eight benches were donated to our Interact School, The Malleshwaram Shishu Vihara.

COMMUNITY SERVICE



Life saving CPR training was successfully conducted at MP Birla Institute of Management.

CLUB SERVICE



Usha Pawar, National Award Winner gave a wonderful presentation on Kasuti embroidery a GI tagged and protected handicraft unique to the state of Karnataka. She has done exemplary service in promoting this unique art form.



Board of Directors meeting was hosted by Rtn Shripad Annigeri and Ann Deepa.

INTERNATIONAL SERVICE



President Rtn Lakshmi Achuta participated in the session on 'Stakeholders responsibility in Clinical research' at Sri Jayadeva Institute of Cardiovascular Sciences and research (SJICSR), Mysuru as a part of International Clinical Trials Day 2026.

CONGRATULATIONS

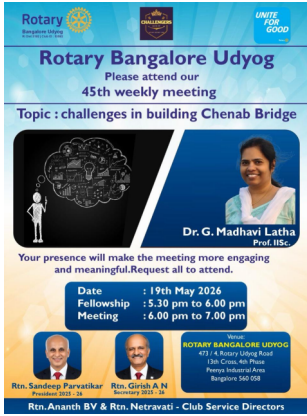


Cherished moments from Charter member Rtn Somasundar's daughter Shruthi's wedding in Coorg. Best wishes to the newly weds for a long and happy married life.



Celebratory moments from PP Rtn Vijaykumar's son Amrithnath's wedding in Palakkad. May God bless the newly weds with the most cherished blessings.

TOGETHER WE CONNECT



President Rtn Lakshmi Achutha attended meeting at Rotary Bangalore Udyog to listen to guest speaker Dr. Madhavi Latha on the construction of Chenab bridge.

BIRTHDAYS & WEDDING ANNIVERSARIES FOR THE MONTH - JUNE 2026

Name	Birthday	Anniversary
Ann Mamatha W/o Rtn Chayapathy	02-Jun	-
Rtn Sachin Kamble	06-Jun	-
Ann Deepa W/o Sripad Anniger	13-Jun	-
Rtn. Vidyashankar	16-Jun	-
Rtn Madhura Ujjini	17-Jun	-
Rtn Sripadraj Anniger	22-Jun	-
Annette Lava Kashinath S/o Rtn Kashinath	24-Jun	-
Annette Kusha Kashinath S/o Rtn Kashinath	24-Jun	-
Rtn Dr Shobha Rani	24-Jun	-
R M Rao H/o Rtn Sumathi Rao	25-Jun	-
Annette Tanushree D/o Rtn Vanita Janardhan	26-Jun	-

PROGRAMS OF JUNE - 2026

Date	Programmes
03-06-2026, Wednesday	Rotary Kolonnawa sister club MOU
04-06-2026, Thursday	Sewing machines donation to Sparsha Trust
05-06-2026, Friday	Environment day – tree plantation at Malur Taluk <gram panchayat will be indicated> - A joint project with other Rotary Clubs
06-06-2026, Saturday	ISCR (Indian Society for Clinical Research), ORDI (Organization for Rare Diseases India) and RBNW – International Clinical Trials Day (ICTD) – at Rotary House of Humanity, Ulsoor
09-06-2026, Tuesday	Talk on Quality & Compliance - by Rtn. Lakshmi Achuta at Novo Nordisk
10-06-2026, Wednesday	'End-to-end study execution lifecycle: Operations, Labs, Quality & Compliance' - Talk by Rtn. Lakshmi Achuta at LabCorp
11-06-2026, Thursday	Session by Mr. John K, Executive Director, State of Bavaria, India Office on business opportunities and collaborations with State Of Bavaria (Germany)
14-06-2026, Sunday	Joint BOD followed by Club Assembly IV & DGND voting
16-06-2026, Tuesday	World Blood Donor's Day – with Rotary Bangalore Asare
21-06-2026, Sunday	District Learning Assembly
28-06-2026, Sunday	National Immunization Day / Pulse Polio program.

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