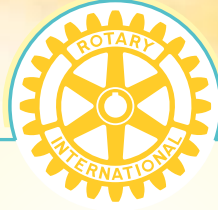




Rotary
District 3192



**UNITE
FOR
GOOD**



Sampige

HOUSE BULLETIN OF ROTARY BANGALORE NORTH WEST

VOLUME 34

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RI DIST. 3192

PRESIDENT'S MESSAGE



Dear Northwesters,

"To build an effective community, everyone must realize that their community is bigger than them" - Idowu Koyenikan The quote resonates with Rotary's ideal 'Service above Self'. One such call was given by the community at 'Parishege Banni Kai Cheela Thanni' ('Come to fair with your cloth bag' – I have tried my best to capture the essence of the Kannada slogan). The Kadlekayi Parishe Project was a large-scale sustainability initiative jointly executed by the Rotaract Club of Bangalore North West, Rotaract Bangalore West, Rotaract Club of MESIOM, and Rotaract Club of MES College, in collaboration with the District Community Service Team of RI District 3192 and proudly supported by Rotary Bangalore North West, Rotary Bangalore West, Rotary Bangalore

North, Rotary E-Club, and Rotary Sadgamaya. Focused on reducing single-use plastic during the historic annual groundnut fair in Malleswaram where we brainstormed and supported the Kadalekayi Parishaet's green initiative by providing reusable bags 7000+ cloth bags distributed 2,00,000+ paper bags given to vendors 270+ volunteering hours clocked over the 3 days Spread awareness to 75+ homes through Mane Manegu Parishe initiative and collected 9 gunny bags full of newspapers that were converted into paper bags 4000+ pledges taken to stop using single-use plastic. I commend the dedicated community leaders, the civil society, NGOs, Rotarians and Rotaractors for their tireless efforts.

In continuation of the Community Connect, appreciate the opportunity to take part at the launch of Malleswaram website with baked goods. Malleswaram Elders Meet, a community connect programme with focus on elders celebrated their annual day. As community connect, I baked chocolate muffins and brownies.

Rotarians and their families came together for a family lunch, a leisurely way of connecting belonging, warmth creating moments that become cherished memories.

November being the month of 'Kannada Rajyotsava' we celebrated with a talk by well known Dr. Githa Badikillaya 'Lines Of Legacy- Hase Chittara Art Of Karnataka' - a tribal art that transformed into folk art prominent in the Malenadu area and practiced only by the women of the Devaru community is the Hase Chittara art. Another significant talk was provided by Pradeep Kamat titled 'Kings, Sultans and Sahibs – Bangalore Tales' – an interesting talk on Bengaluru. District celebrations at 'Karunadu Sobagu' that was held in Nelamangala was fantastic with the essence of culture and language of Karnataka was showcased.

Essay and art competitions were held for the Interact schools, prizes were distributed. Inter Interact Quiz - joint project with Rotary Bangalore Platinum City, Rotary Bangalore RT Nagar was well executed and successful under the guidance of Rtn. Vimala Mallappa. With PR Rtn. Jayanthi Rao at the helm along with Ann Deepa Shripad and their guidance, the students at VVES School are improving their spoken English. With STRONG HER Project, we collaborated with Rotary District 3192 in collaboration with Rotary Bangalore North West (RBNW), Rotary Bangalore Brigades, Rotary Bangalore RT Nagar, Rotary Club of Nelamangala, and conducted a self awareness and self defensive training for girls including Taekwondo training.

Career Counselling for 11th and 12th Grade Students: Navigating Future Pathways at Sri Basaveshwara Independent PU

college, Nelamangala stressed upon essential skills (e.g., time management, communication, critical thinking) needed for success in college and the professional world.

Menstrual hygiene awareness training at Sri Basaveshwara womens PU college, Nelamangala and Sanitary Pad Donation marked a significant step in promoting menstrual health and dignity for the young girls present in the campus of Sri Pavada Basavanna devara mutt.

We continued with Menstrual Health and Hygiene Management (MHMM) with Rtn. Sowmya Shrikanth providing the talk on MHMM at VVES School in a very engaging manner making the students understand the nuances of safe practices, it also included disposal methods. It was well received by the students and teachers. Installation ceremony of the Rotaract President, Rtr. Rabani Chawla and Office Bearers of Rotaract Club of Christ University Central Campus.

Best wishes to the team! As we enter the month of December, we look forward to meaningful projects.

Yours in Rotary Service,

Rtn. Lakshmi Achuta

President 2025-26

SECRETARY'S MESSAGE



Dear Sampige Readers,

It is my pleasure to present a summary of our club's impactful activities and engagements for the month of November 2025. Our focus remained on community service, education, health awareness, environmental sustainability, cultural celebration, and fellowship.

Highlights of the month:

- **Kannada Rajyotsava Celebration** 2nd November - A grand celebration at Tulip Hotel featuring an insightful talk by Dr. Githa Badikallaya on Hase Chittara art form from Karnataka .
- **CPR Training** 5th November - Lifesaving CPR training conducted at MES Kishore Kendra, empowering participants with emergency response skills.
- **Environmental Support** – Kadalekayi Parishe 8th November - Rotaract & club members promoted eco-friendly cloth bags at the event in Malleswaram, encouraging the public to reduce plastic usage.
- **Essay Competition** - Prize Distribution 12th November - Winners of the essay competition at Cadambi PU College were awarded and motivated for their achievements.
- **Spoken English Classes** 15th & 22nd November - Skill development sessions held at VVES School to enhance communication skills among students.
- **Historical Speaker Meeting** 16th November - Engaging talk by Mr. Pradeep Kamath on “King Sultan & Sahibs - Bangalore Tales.
- **Rotary Networking & Collaboration** 17th November - President Rtn. Lakshmi attended weekly meeting at Rotary Bangalore Udyog.
- **Toy Donation** - Community Service 20th November - Our club donated toys to the Toy Library at Viraktha Matha Residential School, Chikkanahalli bringing smiles to children.
- **Rotary Foundation Panel Discussion** 20th November - Rtn. U.B. Shankar took part in a panel discussion at Rotary Bangalore West.
- **Interact Quiz Competition** 20th November - Inter school quiz conducted at Cadambi PU College encouraging student participation and learning.
- **Rotaract Club Meeting** 22nd November - Successful Installation Ceremony of Rotaract Club of Christ University by President Rtn Lakshmi Achuta.
- **Menstrual Hygiene Awareness** 27th November - Talk by Rtn Soumya Srikanth at VVES School promoting health and dignity among young girls.
- **Impactful joint club programs** conducted in Nelamangala with excellent media coverage:
 1. Bella MHMM awareness programme and sanitary pads distribution.
 2. STRONG HER - Taekwondo training and self defence
 3. Career Counselling for students.
- **District Kannada Rajyotsava Celebration** 28th November - Our members proudly represented the club at the District celebration.
- **Fellowship - Family Lunch** 30th November - A joyful fellowship gathering for all club members strengthening unity and bonding.

Together, We Serve! A heartfelt thank you to all Rotarians, Rotaractors & volunteers for your enthusiastic participation and contribution in every program. Let us continue this inspiring momentum in the coming months as we strive to Create Hope in the World.

Rtn Sachin Kamble, Secretary 2025-26

EDITOR'S MESSAGE



Dear Sampige Readers,

"In the world of quizzes, knowledge is the real trophy".

Recently we had a wonderful quiz contest conducted by quiz master Rtn Vimala Mallappa in Cadambai PU college. 113 students from 39 schools participated with great enthusiasm. The quiz topic was "India Jano" and the questions were about Indian culture, history, art and other related topics. Indeed an interesting and engaging learning and team building platform for the participants and the audience as well.

While on this topic, who comes to your mind when you think of quizzing in India? Neil O'brian started the organized public quizzing in India, Derek O'brian, Gautam Bose, Raja Satish, Atan Sengupta, Adil Khan, Ananth Bharadwaj, Tejaswi Udupa are some of the top Quiz Masters. Of course Siddhartha Basu, who is often called the father of Indian Television Quizzing. But here's the catch – where are the women?

Quizzing may not seem like a macho pastime but in India, it's always been a boys' club. Quizzing groups have been dominated by men, some known for aggressive behaviour and intimidation. Quizzing is considered uber-competitive, and can get cutting at times, with jibes and micro-aggressions. Stories of alienation are familiar to many women quizzers in India.

Breaking the Barriers

Women quizmasters and quizzers are trying to make it more diverse. Yooti Bhansali from Mumbai, Reesoom Pal from Kolkata, Meghavi Manjunath founder of quizzing company Quriocity, Anuradha Santhanam from ASQ, Bangalore to name a few are changing the game. They have started quizzing companies partnering with other women, conducting exclusive women only quiz contests, creating support groups, like A (Her)d of Quizzers (170+ members!), empowering women to participate confidently and share their issues.

A Heartening Shift. These trailblazers are making quizzing more inclusive, tackling issues like sexism and harassment. Quizzing is a fun and exciting hobby that informs enthusiasts of the world around them and encouraging it among the youth will raise an aware and empathetic generation next. Kudos to Rtn Vimala Mallappa for leading the charge closer to home by championing quizzing for young students.

Keep Calm & Carry On Quizzing!

Rtn Indira Ramachandra

Editor 2025-26

EDITORIAL BOARD

Rtn Indira Ramachandra, Editor 2025-26

MEMBERS

Rtn. Sindhu Shankar

Rtn. D.R. Rajesh Kumar

Ann Ranjitha Rajesh

ROTARY NEWS



1. The Rotary Foundation received its 17th consecutive four star rating- the highest possible from Charity Navigator, an independent authority. It was for meaningful change and lasting impact through service. brought about by TRF.

2. The Rotary Foundation Chair conferred the Rotary International Polio Plus Service Award on Past RI President Rajendra Saboo, a pioneer in helping India's becoming polio free.

3. In response to a polio outbreak in Gaza, Rotary provided USD 500,000 for vaccinating nearly 5,60,000 children.

4. RID 3080, Saharanpur launched Project Su-Drishhti through smart technology wherein they provided smart glasses to visually impaired children.

5. The century old Institute of Science, Fort, Mumbai with over 1500 students, offered them an interactive hands on learning experience to explore and satisfy their curiosity about Space. This was on National Space Day 2025.

6. Takhel, a small village in East Imphal, Manipur now has a new public toilet with running water through Rotary Club of Imphal. This will benefit 1500 villagers.

Rtn. Sindhu Shanker

KARUNADA SOBAGU - Kannada Rajyotsava Celebration by District 3192.



Karnataka Rajyotsava was celebrated by District 3192 with great Kannada Nadu vibes. There were decorated chariots, dollu kunitha by local artists, honouring of Group Captain Rtn. K P Nagesh, inspiring speech by self professed Kannadathi, DG Rtn. Prof. Elizabeth Cherian.

COMMUNITY SERVICE.



CPR Training Session in MES Kishora Kendra.



Distribution of reusable environment friendly cloth bags at Kadalekai Parishe, Kadu Malleshwara Temple. Visitors and vendors advised not to use single use plastic bags. Rotaractors provided huge support to keep the environment plastic free. Young boy donating money to End Polio collection box.



Malleswaram Elders Meet, a community connect programme with focus on elders celebrated their annual day. As community connect, President Rtn Lakshmi Achuta baked chocolate muffins and brownies to the delight of the seniors



CLUB SERVICE



Kannada Rajyotsava celebrations at Rotary Bangalore Northwest: LINES OF LEGACY- HASE CHITTARA ART OF KARNATAKA - presented by well known Dr. Githa Badikillaya.



Kings, Sultans and Sahibs a presentation by Invitee Speaker Pradeep Kamat giving historical insights about Bangalore. Rotaractors also graced the occasion and received certificates for participating in the painting contest for END POLIO WALK.



Board of Directors meeting was hosted by Vimala Mallappa followed by a scrumptious dinner.



A fun filled family meet at The Kebab Studio.

YOUTH SERVICE



Toys Donation to establish a toy library at the Virakta matha residential school in Chikkanayakanahalli by Rotary Bangalore Northwest, Rotary E Club of Sakhi, Rotary Turuvekere.



Installation Ceremony of President and Board of Directors of Rotaract Club of Christ University, Central Campus.



YSD Rtn Jayanthi Rao and Ann Deepa Shripad have been taking spoken English classes for VVES students. The improvement demonstrated by the students shows the dedication and commitment of both these excellent teachers. Kudos to Jayanthi and Deepa for completing session V and VI during the month.



Rotary Bangalore North West celebrated Children's Day with students of Karnataka Public School and Cadambi PU College by distributing sweets to the students. Prize winners of the essay competition were awarded their certificates in both the schools.



Rtn Soumya Srikanth engaged high school students of VVES school for a MHHM program. Students were totally impressed by the program. Students were awarded Certificates for participating in Karnataka Rajyotsava art contest.



Inter Interact Quiz Contest 2025-26 - India Jano! RBNW successfully completed the India Jano quiz (Inter Interact Quiz) with RB Platinum City and RB RT Nagar. There were 39 teams (113 participants) vying for the 1st prize. It included visually impaired students. It was led by Quiz Master, Rtn. Vimala Mallappa, a seasoned quiz organizer; and ably supported by Rotarians, Rotaractors and the school management.



Menstrual hygiene awareness training at Sri Basaveshwara womens PU college, Nelamangala A Joint Club Project* Rotary Bangalore Northwest Partnered with - Rotary Eclub of Sakhi, Rotary Bangalore Brigades, Rotary Bangalore RT Nagar & Rotary Club of Nelamangala An effective menstrual awareness program for 300 students was very Educative interactive, inclusive, and focused on practical knowledge. Sanitary napkins were distributed to all the participants.



Career Counseling for 11th and 12th Grade Students: Navigating Future Pathways at Sri Basaveshwara Independent PU college, Nelamangala Rotary Bangalore Northwest partnered with Rotary Bangalore Brigades, Rotary Bangalore RT Nagar, Rotary Club of Nelamangala, Rotary E-Club of Bengaluru Sakhi The primary purpose of counseling is to foster self-awareness and provide clarity on available career avenues. Around 250 boys and girls attended the program.





STRONG HER Project Rotary District 3192 in collaboration with Rotary Bangalore North West (RBNW), Rotary Bangalore Brigades, Rotary Bangalore RT Nagar, Rotary Club of Nelamangala, conducted a self awareness and self defensive training for girls including Taekwondo training. It included a 30-minute awareness session and 100- minutes of self-defence training helped 310 young school girls of the neighbourhood.

INTERNATIONAL SERVICE



Joint club meeting organised by Rotary Bangalore West , focused on the mission and impact of “The Rotary Foundation.” DG Rtn Prof Elizabeth Cherian was the chief guest at this event and Rtn U B Shankar from Rotary Bangalore North West was part of the panel discussion. We also did a flag exchange with Rotary Club of Jambukeshwaran.

GRATITUDE

Dear valued donors,

The Rotary Club of Bangalore Northwest extends our heartfelt gratitude for your generous donation. Your kindness will help us continue our service projects and make a meaningful impact in the lives of those we serve. Thank you for believing in our mission and supporting our efforts. We're honored to have you as part of our Rotary family.



Charter Member
Rtn Somasundar T R.



President
Rtn Lakshmi Achuta



PE /YSD
Rtn Jayanthi Rao.

PUBLIC IMAGE



Vijay Vani



Praja Pragati



Indu Sanje



News coverage on Edegarika News 24x7



Kannada Prabha



Vijaya Karnataka



Samyukta Karnataka



Cloth bag distribution by Rotary Bangalore North West in Kadalekai Parishe covered in the news.

<https://youtu.be/wN4nO7GVSGg?si=mFT4mLDe8CfEeCO->

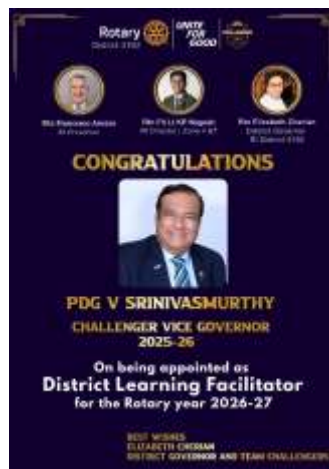


NGO ಮಹಿಳೆಯರ ಮನವಿ! ಬೇಡ! ಬಟ್ಟೆ ಬ್ಯಾಗ್ ಬಳಸಿ

TOGETHER WE CONNECT.



District Governor Rtn Prof Elizabeth Cherian, Recognised for highest membership growth; District 3192 is World No 2 in membership growth.



Congratulations to PDG Srinivasa Murthy on being appointed as District Learning Facilitator- 2026-27



PPE Rtn Jayanthi Rao completed Graduate Program Part 1 from the Rotary Leadership Institute.



President Rtn. Lakshmi Achuta visited co-president Rtn. Sandeep Parvatikar's company Unnathi CNC Technologies. They offer free job oriented CNC Operators training to SSLC and PU students sponsored by Rotary Udyog.

Reflections by Shobha



Karma and Illness: A Spiritual Perspective

Introduction

When we fall ill, our first instinct is often to ask, "Why me?" Beyond genetics, environment, or lifestyle, many spiritual traditions teach us to look deeper - into the subtle law of karma. Karma is not punishment, but a reflection of past actions that shape our present experiences.

Understanding Karma

Karma means action - every thought, word, and deed creates an energy imprint. Just as seeds grow into trees, karmic seeds ripen into experiences in this life or the next. Illness, from this view, can sometimes be the unfolding of old karmas seeking resolution.

Illness as a Teacher

Instead of seeing disease as only suffering, spirituality invites us to see it as:

- A mirror - showing us where balance has been lost.
- A teacher - urging us to live with more awareness, compassion, and discipline.
- A cleansing - an opportunity to release karmic debts and grow spiritually.

The Role of Free Will

While karma influences our life, it does not bind us completely. Free will allows us to:

- Choose healthier habits for body and mind.
- Cultivate positive karma through kindness, service, and prayer.
- Transform suffering into spiritual strength by accepting and learning from it.

Healing Pathways

True healing comes when we combine both:

1. Medical care - respecting the body with science, medicine, and treatment.
2. Spiritual care - prayer, meditation, mantra, and surrender to the Divine.

Together, they nurture not only the body but also the soul's journey.

Conclusion

Illness through the lens of karma is not a curse, but an awakening. It reminds us that our lives are interconnected across time, and that healing requires both responsibility and surrender. When we accept illness with awareness, we turn pain into purpose and suffering into strength.

- Every challenge, including illness, is an invitation to rise higher on the path of love, compassion, and spiritual growth.
- "Illness is not punishment - it is a call to awaken, to learn, and to grow."

"Karma is not destiny carved in stone; it is a dynamic energy that responds to our present actions."

May we all walk gently on the path of Karma.
With love and light that heals,

'Rtn Dr. Shobha Rani Hiremath'

TRAVEL DIARIES - A Dream Holiday to the land where Dreams are made



My son, who is working in the US, had been badgering my husband and me to visit him for quite a while. Having missed his Graduation in 2023, due to the long delay in procuring our visas, we didn't think there was any great urgency to make the long trip now. However, recently, multiple reasons, such as the prevailing uncertain political climate and my desire to spend my birthday month with my son AND the fact that I would have a travel buddy for a part of the trip, my bestie from school, Geetha, prompted me to take the trip. As far as US trips go, this was a brief one, just short of 5 weeks. My husband, who has had his fill of travel throughout his career, opted out.

My first surprise happened when I realized that my son had quietly bumped me up to Business class on Qatar, the world's best airline. On arrival in DC, and no sign of jet lag whatsoever, we briefly glimpsed the monuments before proceeding to the Big Apple via a super-fast Amtrak ride. We were hosted for 2 whole weeks by my brother-in-law in Staten Island. His small but compact unit boasts of a million-dollar view of the sunrise and sunset across the Hudson river, something we were treated to daily, along with home cooked vegetarian meals which is absolutely essential for my wellbeing! Staten Island is connected to NYC by a FREE, beautiful ferry ride which allows us to enjoy the picturesque Manhattan skyline on each trip. Our first visit was to Liberty Island to get a closer look at the iconic Statue of Liberty and the corresponding museum filled with the historical facts and trivia. The latter part of the day was a treat indeed. We witnessed one of the US Open matches where we watched the world class Yannik Sinner play against Alexander Bublik, the ambience and thrill of which was mind boggling.

The views atop the World Trade Center and the Empire State Building are mandatory to any visitor and the same applied to us. The panoramic view of the concrete jungle was disgusting yet impressive. But we did have enormous fun at Madame Tussauds taking selfies with the wax images of world celebrities. A ride on a hop-on-hop-off bus through the city of New York allowed us to skim through some spots and linger on others. A horse carriage ride through Central Park made us feel special for a few moments, although it came with a hefty price tag.

Early in the holiday we took a trip to the famous Niagara Falls. The thrilling moments and adrenalin rush as the boat ventured all the way into the horseshoe falls was surreal. A cancelled return flight followed by an uncomfortable bus journey back to NYC could not tarnish the cherished moments that the trip gave us. While my friend spent Onam with her family in Canada, I got the opportunity to visit family friends in Connecticut, catching up with them. We also visited New Jersey to drop in on friends and got to see the famous architectural masterpiece, the Akshardham Temple.

My son had a beautiful plan for my birthday. He arrived from his workplace in the wee hours of the morning bearing a cake and a thoughtful gift. Later we had the singular good fortune to enjoy the Broadway show of Moulin Rouge, a spectacular exhibition of glitz, glamour and glory in an adaption of Baz Luhrmann's landmark film. The next day it was time for the next leg of our holiday, to move to Maryland, where my son resides. We bid farewell to NYC but not before getting a reasonable hold of the intricate Ferry and Metro systems, the same which had overwhelmed us on our arrival.

Since my son's living accommodation is not equipped for handling guests, we opted to stay in a compact and comfortable Airbnb, which enabled us to enjoy satisfactory, home cooked meals, economically. The first visit was to the University of Maryland. Since I had missed his Graduation ceremony, he re-enacted the photo shoot complete with gown, cap and scroll. It really meant a lot to me to have those cherished photos. It was a nostalgic moment for him too, as he showed us around his university where he had spent close to 2 years. Though on a holiday, the Rotarian in me was not suppressed. I found an opportunity to conduct a Flag Exchange with the Rotary Club of Gaithersburg, MD. At various points of time during our holiday we got to visit the hallowed portals of learning such as the Universities of Columbia, Princeton, Yale, Maryland, and Georgetown.

Washington DC is a treasure trove of history and culture. In addition to exploring on our own we enjoyed the city and its historical monuments on a night bus tour. The Jefferson Monument, the Capitol Building, the Lincoln Memorial, the Obelisk, and many more, when illuminated, offered a spectacular sight to the onlookers. After 2 weeks, it was time for my friend to break away and return home. That left me with another week or so with my son. He coached me well enough to negotiate the metro and bus systems so that I was self sufficient as I navigated the city on my own while he was at work. A scheduled visit to his workplace, seeing his work and meeting his colleagues was a significant moment. On a visit to an old friend's place, the child in me surfaced as I rode on a century old authentic carousel. On the penultimate day, before my departure we drove to the Shenandoah National Park, with the Blue Ridge Mountains overlooking the Shenandoah River and Jim Reeves' Country Roads blaring in the car.

It was a short holiday but packed with loads of cherished memories. From visiting iconic monuments, savouring the flavours and vibes of big cities, to visiting close friends and relatives, to witnessing world class sporting and entertainment events, visiting top notch universities, and shop-till-you-drop experiences, it had it all. I'm proud of the way my son hosted my friend and me, sparing no expense and effort to ensure that we had a memorable holiday.

Rtn Jayanthi Rao



ROTARY BANGALORE NORTHWEST VIBES



President Rtn Lakshmi Achuta and IPP Rtn Veena Nagaraj, both high achievers participated in FIT INDIA FREEDOM RUN 6.0 setting an example and inspiration for others.



Rotary Bangalore North West members attended this fund raising program organised by Rotary Bangalore Cubbon Park. Charter member, philanthropist, financial wizard and music lover Rtn Somasundar sponsored some of the songs.



Charter member Rtn. Somasundar supported Old age home residents by donating well maintained sparingly used clothes. Old age residents were grateful for this gesture.

BIRTHDAYS & WEDDING ANNIVERSARIES FOR THE MONTH - DEC. 2025

Name	Birthday	Anniversary
Rtn. D.R Rajesh Kumar	04-Dec	-
Rtn. V. Vijayakumar and Ann Savithri	-	10-Dec
Rtn. Vishak Marthanda	20-Dec	-
Annette Shruthi Sundar D/o Rtn. Somasundhar	26-Dec	-
Annette Neha Suresh D/o Rtn. K T Suresh and Rtn. Pushpa Suresh	27-Dec	-
Ann Savithri W/o Rtn V. Vijayakumar	27-Dec	-

PROGRAMS OF DECEMBER - 2025

Date	Programmes
04-12-2025, Thursday	RYLA, Soft skills training by Rtn. Mohan Kumar at S.Cadambi PU College
06-12-2025, Saturday	
07-12-2025, Sunday	Global Yoga Summit, GKVK
06-12-2025, Saturday	Spoken English classes at VVES
07-12-2025, Sunday	Club meeting – Speaker meeting
07-12-2025, Sunday	IDPD awards, RHF
08-12-2025, Monday	CPR training - MS Engineering College
13-12-2025, Saturday	Spoken English classes at VVES
14-12-2025, Sunday	Club Assembly & Mock GOV, Tulip Hotel
20-12-2025, Saturday	Spoken English classes at VVES
20-12-2025, Saturday	ICGF – International Service
21-12-2025, Sunday	Pulse Polio
25-12-2025, Thursday	BOD
27-12-2025, Saturday	GOV, Tulip Hotel

For private circulation only.

Edited by : Rtn. Indira Ramachandra

ಕ್ರಿಯಾಶೀಲ ನಾಯಕರು
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